



# Messenger

*Engaging Enthusiastic Followers of Jesus*

October 1, 2010



## November Fall Wine Tasting

If wine, appetizers and mingling are just your thing, then join us for a fun filled evening!! Bring your favorite bottle of wine to share and enjoy with friends. If you'd like, bring a second bottle to contribute towards our raffles. Please bring copies that briefly describe your wine and what you like about it (i.e. Fetzer Merlot 2007, reminds me of my trip to Sonoma, full body flavor ~ Johnny Wino).

\*\* This event will take place Nov. 6 at Fox Point Lutheran Fellowship Hall  
7-10:00pm. Stop by to sign up in Fellowship Hall.

Questions or concerns, feel free to contact Ellen Benson @ [pebenson@wi.rr.com](mailto:pebenson@wi.rr.com)  
or Renee Knapp @ [Renee.Knapp@phci.org](mailto:Renee.Knapp@phci.org).



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# Health Ministry

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## Health Yourself



October is National Breast Cancer Awareness Month. This month is dedicated to increasing awareness of the importance of early breast cancer detection. Make sure to schedule a mammogram and do monthly self-breast exams. For more information visit: [www.nbcam.com](http://www.nbcam.com).

Save The Date  
Women's Retreat  
February 4-5, 2011  
Grand Geneva Resort in  
Lake Geneva

### **“The Time to Fight the Flu is before you get it!”**

The time to fight the flu is before you get it. The flu shot for fall 2010 is a seasonal vaccine which includes the H1N1 strain of 2009. A flu clinic will be held at FPLC on Sunday, October 17 in the Pine Room from 8:30-12 noon. The cost of the flu vaccine will be \$30.00. The cost of the pneumonia vaccine will be \$55.00. Medicare Part B and most Medicare Advantage insurances will be accepted as payment. **Your card(s) must be presented at the clinic in order to bill the insurance.** Otherwise, payment by cash or check made out to WFHH&H will be accepted. Each vaccine recipient will receive a receipt for the payment made, which may be used for reimbursement purposes. Sign up begins on Sunday, October 3 across from the kiosks. Please call Julia Kashou at 262-243-9444 with questions or to volunteer to help with registration on the morning of the clinic.

## Living Healthy is a Prayer

Greetings and God's blessings to you all! While Joni's in Tanzania, she asked me to fill in and write her column for her. Although my main focus is in weight loss counseling, I feel compelled to write about nutrition for the family. It's fall, the best season of the year to emphasize healthy eating. God's bounty is all around us, and although we're busy with school, meetings and sports, it's never easier to fuel our bodies with good food than in the fall! If you only do one autumn activity, try to get to an apple orchard with your family. It's been proven countless times that kids are much more receptive to trying new foods if they can see the source of that food. Also, nothing tastes better than a just picked apple! Another fun activity for the family is a hike in our beautiful Kettle Moraine Park. I have such fond memories of my family hiking and horseback riding in that wonderful area. As we all know, childhood obesity is increasing at an alarming rate, and physical activity is something we all need to do more of. I work with many kids, and they are always eager to absorb information about what they eat. Try to include your kids in the planning, shopping and preparing of food; they will try new foods if they have a hand in these activities. Farmer's markets are a wonderful resource for our kids (and us!) to learn about and try fruits and vegetables that we're not familiar with. Lastly, enjoy the season. Take time to look at a beautiful leaf, smell the crisp scents of autumn, and revel in what God has given us.

"Our bodies are a temple" is not just a saying- it can be a way of life.

In Christ's love,  
Karen Tait

# Fellowship

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## Men's Club Meeting

Second Thursday of the Month  
11:45-1:15 Program & Lunch  
The Town Club  
7950 N. Santa Monica Blvd.  
(cor. E. Bradley Rd.)  
Cost: \$13/ea. (pay at the door)  
All men of the church are invited;  
their guests are welcome

Thursday October 14

### "Literacy Services of Wisconsin"

Dave Hanson, a fellow parishioner, is a shareholder attorney at Reinhart, Boerner Van Duren, Milwaukee. Currently, he is on the Board of Directors of LSW, and has served as an academic tutor with the Milwaukee Public Schools (MPS) since 1995. Among the topics for discussion are: the problem of illiteracy and functional illiteracy; the mission and program of LSW; the long, positive history between LSW and FPLC; MPS education in the central city.

For further information and reservations (in advance, please), contact either Ron Plietz (414-354-8596) or Paul Rosenheimer (262-241-9627).

## Women's Club

Channel 10/36 Cuisine Restaurant Lunch  
October 13 Reminder

Those who have signed up should meet at 9:15am at the church parking lot. We will need all who volunteered to drive as there are 28 of us. We'll give drivers directions on where to go at MATC as it's a bit tricky. All should park in Bradley Center lot (we'll get a discount). We may congregate at end of skywalk from lot to MATC's main building. If you don't remember if you signed up, call one of us. There is a waiting list. Bring money as you will be ordering off the menu.

Any questions, call Gloria Mitchelson  
262-387-1953 or Nancy Rosenheimer 262-241-9627.

## Christmas Hymn Festival

Choirs, handbells, and instruments will join forces as we usher in the Christmas season with a special worship experience on **Sunday, December 19**, during the 9:00 and 10:30 services. The program will consist of several anthems and carol arrangements, interspersed with messages from our pastors to help us experience Jesus' birth.

Singers who do not sing with the chancel choir on a regular basis are invited to join us for this event. We will begin rehearsing the music on **Thursday, October 14**, at 7:00pm in the choir room. For more information, please contact Kevin Bailey at the church office, or email [bailey@foxpointchurch.org](mailto:bailey@foxpointchurch.org).

## Operation Christmas Child

It's that time again! We are collecting small toys, personal hygiene items, and school supplies to make Christmas a little happier for children in needy countries throughout the world. Children who receive these shoe boxes generally live in such impoverished areas that this one shoe box may be the only gift they will ever receive.

We must have all donations by **November 14**.

Collection bins will be downstairs at the entrance to Sunday school and upstairs near the welcome kiosk. We would appreciate any of the following:

**Small toys:** For example, matchbox cars, small balls, harmonicas, kazoos, dolls, stuffed animals, yo-yos, toys that light up or make noise (please send batteries with these)

**School supplies:** For example, notepads, crayons, markers, stamps and ink pad sets, coloring books, small calculators

**Personal hygiene items:** soap, toothbrush, toothpaste, combs, hair items

**Other small items:** For example, sunglasses, hard candy, gum, flashlights, t-shirts, socks, toy jewelry sets, inexpensive watches

Please keep in mind that Operation Christmas Child **cannot** ship perishable food items, breakable items, liquids, medicines, or used items. We also cannot send any war-related toys. If you have any questions, please call Julie at 262-238-1682. **Many thanks for your generosity!**

# Outreach

## Bayside Garden Debit Cards

It's time to get your garden in shape for the winter, decorate for Halloween, and pick up a few plants at a bargain. The Outreach Committee will be selling Bayside Garden Center debit cards the next two weekends and again in November to meet your needs for Thanksgiving and to help you buy your wreaths, Christmas trees, ornaments and whatever!

We receive 10% back on all of the cards purchased. All of that money will go toward our next payment of scholarships for the children in Tanzania that we are supporting. Our next investment in their future is due in January.

## Looking for a Service Opportunity?

Please consider Serenity Inn. Sign up at the Outreach Kiosk or contact Lorraine Buehler 414-964-8933, [lcbuehler@cs.com](mailto:lcbuehler@cs.com).

Only two dates remain in 2010: Fridays Oct. 15 & Dec. 17.

## Boutique Team Growing!

Join us for a wonderful opportunity to support all of our FPLC Outreach partners. We need a PR person and someone to coordinate volunteers. Attending a workshop or working the days of the sale is a great way to meet people. We would love to have you join us as we prepare crafts, soups, hot cocoa cones and baked goods for another wonderful Holiday Boutique. Below are the dates we have scheduled so far. We meet at church from 9:00-11:00am.

October 12 & 26  
November 2 & 9

We could use matching china cups and saucers, black and white buttons, glitzy buttons or unmatched earrings with bling, and YOUR HELP!



## Thank You Wrapping Wizards!

Thanks to all my "wrapping wizards" on this past Service Day. We were able to wrap or decorate 210 shoe boxes for Operation Christmas Child. We still could use more shoe boxes if you have them. Bring 'em on! (If you can wrap them, great; if not, we know where to find the "pros"!

## What Are You Doing on 10/10/10?

Like to walk? Have a passion for the poor and the hungry? Want to serve? Try the Crop Walk-- as an individual or a family. Walk with neighbors from different faiths, cultures, and ages, who want to take a stand against hunger in our world. The walk (a short 2 mile route or a longer 5.5 mile route) begins and ends at McKinley Marina on the beautiful lakefront. More information is available in the Sign Up Area, as well as envelopes to raise funds for the hungry. Pick up your envelope today! Remember to sign your name to let us know you took an envelope!

Let's all contribute and help make a difference in someone's life!

When: Sunday, October 10  
Registration: 12:30-1:30pm  
Walk Begins: 1:30pm  
Where: McKinley Marina

## All Peoples Church

### Wednesday Night Opportunities

Volunteers are needed to prepare a meal item (recipe provided) and drop off at church the day of the event. Help is also needed the day of the event which includes preparing and serving dinner, clean-up and help out where needed with programs for children and adults. The time commitment is from 5:15pm until 7:30pm.

The dates that help is needed are:  
October 20, 2010  
November 17, 2010  
December 5, 2010  
February 9, 2011

Look for a sign-up sheets and recipes at the Outreach Kiosk.

All Peoples Church is one of our partner churches located at 2<sup>nd</sup> & Clarke; to learn more about them check their website at: [www.allpeoplesgathering.org](http://www.allpeoplesgathering.org).

# Youth Ministry

## Away from Home Addresses

We are looking for addresses for our post-high school members. In October, the Confirmation students will be putting together College Care Packages (this also includes high school grads from the last 4-5 years who are in the military, working, etc.).

A mailing was sent the week of Sept. 13. Please return your form by ASAP, so we can start planning for the number of boxes we need to send and the types of donations we will need for these packages. If you did not receive this mailing, please complete a form that can be found in the Sign-Up Area at church or contact Linda Cole at [cole@foxpointchurch.org](mailto:cole@foxpointchurch.org) or 414-352-8990.

**We need a form from everyone....even if the address is the same as last year.**

## Sub Sales are Back for Fall!!

The Storm, FPLC's high school ministry, will be taking orders for our delectable sub sandwiches on October 24 and 31. Subs will be available for pick-up on Sunday, November 7 between worship services. The profits from the sale are used toward our summer mission trip. This year our group will be traveling to the Pine Ridge Reservation in Sioux Falls, South Dakota. We will be spending our time there helping the residents of the reservation, one of the poorest communities in our nation, through construction, painting projects and day camps for children while learning about Sioux culture. Look for our presale table by the main screen. Storm members-contact Rachel at [rltheune@gmail.com](mailto:rltheune@gmail.com) to reserve your space for helping with presales, production and distribution.



## The Storm—High School Ministry

**October 3—DEEP POOL**—This Sunday is all about meditation and prayer. We will try experiential meditation exercises based on eastern methods. Matt Kammerait will lead us with Ben Mudra providing guitar music for worship. This is a Sunday to grow your prayer life. We will close the night with worship and Holy Communion.

**October 5-(Tuesday)CARIBU MEQUON-7:00PM**  
Come meet your pastor and friends for an hour off of studies.

**October 8-(FRIDAY) WHITEFISH BAY VS. HOMESTED FOOTBALL(@WFB)** Pastor Bill, Rachel, Matt, and Lisa will see you at the game. If you find Rachel, Matt, and Lisa at the game ask them for the special token. Collect all 3 and find Pastor Bill and get an amazing prize.

**October 10-BIG SPLASH-STORM CARNIVAL**  
Come one, come all for a night of Youth Level Carnival Games. It's an awesome night of 10 different carnival challenges with points for accomplishing each challenge. There will be Beat Matt the Black Jack Dealer with real Vegas style 21. Use a HUG mallet to hit the target and ring a bell. Aim carefully at our shooting range. Each of 10 rooms will have challenges that will test even the best competitors. There will be a live leader board in Fellowship Hall so you will always know where you rank with the other teams. In between challenges there will be freshly made cotton candy, popcorn, and hotdogs(classic carnival foods). Bring your friends and see what carnival games have to do with faith.

## Mom to Mom Reminder

First meeting—Thursday Oct. 7  
Meet in Fellowship Hall  
Come join us at either 9:30-11:30am  
or  
7:00-8:30pm

# October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Worship Services: 8, 9 & 10:30am Sunday School: 9 & 10:30am					<b>1</b> 5:30am Yoga	<b>2</b> Confirmation Prayer Retreat
<b>3</b> Quilt Sunday Confirmation Prayer Retreat Ends 10am Children's Choir 6:30pm HS Summer Trip information meeting youth & parents 7pm Storm	<b>4</b> 8:30am Yoga 7pm Yoga	<b>5</b> 6:30am Eye-Opener Bible Study 8:30am Senior Exercise 9:30am Good Grief Support 7pm Adult Faith Formation Meeting	<b>6</b> 8:30am Yoga 1pm Beth Moore Bible Study 7pm Men's Bible Study 7pm Confirmation 7pm Worship Team	<b>7</b> 8:30am Senior Exercise 9:30am Mom to Mom 6pm Joyful Noise 7pm Chancel Choir 7-8:30pm Mom to Mom	<b>8</b> 5:30am Yoga 5pm Wedding Rehearsal	<b>9</b> Gollup Wedding
<b>10</b> Holy Communion 10am Children's Choir 6:15pm Taize Worship 7pm Storm Crop Walk	<b>11</b> 8:30am Yoga 7pm Yoga	<b>12</b> 6:30am Eye-Opener Bible Study 8:30am Senior Exercise 9am Boutique Workshop 9:30am Good Grief Support 7pm KnitWits	<b>13</b> 8:30am Yoga 11:30am Women's Club 1pm Beth Moore Bible Study 7pm Women's Bible Study 7pm Confirmation 7pm Worship Team	<b>14</b> 8:30am Senior Exercise 10am Luther Manor Communion Service 11:45am Men's Club 6pm Joyful Noise 7pm Chancel Choir Serenity Inn	<b>15</b> 5:30am Yoga Serenity Inn	<b>16</b> HS Fall Retreat
<b>17</b> Healing Service 8:30am to 12:30pm Flu Clinic 10am Children's Choir 7pm HS Parents Meeting	<b>18</b> 8:30am Yoga 7pm Yoga 7pm Book Club	<b>19</b> 6:30am Eye-Opener Bible Study 8:30am Senior Exercise 9am Piecemakers 9:30am Good Grief Support 6pm Women's Retreat Meeting 6-9pm AAUW	<b>20</b> 8:30am Yoga 1pm Beth Moore Bible Study Confirmation (5pm All Peoples OR 7pm College Care Boxes) 7pm Men's Bible Study 7pm Worship Team	<b>21</b> 8:30am Senior Exercise 9:30am Mom to Mom 6pm Joyful Noise 7pm Chancel Choir 7-8:30pm Mom to Mom	<b>22</b> 5:30am Yoga 7am E-board	<b>23</b>
<b>24</b> HS Youth Sub Sale 10am Children's Choir 7pm Storm	<b>25</b> 8:30am Yoga 7pm Yoga	<b>26</b> 6:30am Eye-Opener Bible Study 8:30am Senior Exercise 9am Boutique Workshop 9:30am Good Grief Support 7pm Church Council	<b>27</b> 7am Outreach 8:30am Yoga 1pm Beth Moore Bible Study 7pm Women's Bible Study Serenity Inn	<b>28</b> 8:30am Senior Exercise 6pm Joyful Noise 7pm Chancel Choir	<b>29</b> 5:30am Yoga	<b>30</b>
<b>31</b> Holy Communion Reformation Sunday Stewardship Sunday HS Youth Sub Sale 10am Children's Choir						

# Outreach Thank You!

## Service Day a Success!

Last Saturday, more than 130 FPLC members from tots to seniors became the living embodiment of our pastors' message urging us to become engaging and enthusiastic followers of Jesus! They reached out to serve—to make a positive difference in the lives of people in our community and overseas who need our help.

From all reports, it was an amazing day. Our teams helped Spanish-speaking seniors enjoy a morning out, decorated 200 shoeboxes for Operation Christmas Child, put together 200 lunches for homeless people, and brought joy to many children from families troubled by abuse.

Others created dozens of Christmas trees for people serving overseas, knitted items to warm hearts, cleaned rugs at Serenity Inns, washed windows and did other chores for seniors on the North Shore, and did everything from plant bulbs and trees to repair drywall, replace baseboards and trim, and install a bat house at All Peoples.

Comments and emails that day showed that both long time members and newcomers also enjoyed the fellowship—reconnecting with old friends and making new friends. .

*...It was truly a rewarding experience. Looking forward to seeing all of you soon!*

Andrew and Abby Schroeder

*...We accomplished nearly everything that we had down on paper and we were thinking it would be great if half of it actually happened. We are grateful for the ministry partnerships that we have with Fox Point Lutheran.*

Jim Bendtsen, All People's Church

Our thanks to Pastor Bill and Pastor Bruce for giving us the opportunities to step out of our lives and try to make a difference. If you would like to know more about service opportunities, please email [brh@wi.rr.com](mailto:brh@wi.rr.com).

## Serving

<u>October 3</u>	SERVING:	<u>October 10</u>
	<b>Lectors</b>	8:00 Lorraine Buehler 9:00 Eric Nelson 10:30 Andy Barrieau
8:00 Christensen Team 9:00 PlietzTeam 10:30 Sullivan Davies Team	<b>Ushers</b>	8:00 Buehler Team 9:00 Quisler Team 10:30 Gepfert Team
9:00 Stephe & Marilee Nord 10:30 John & Lori Heinrich	<b>Coffee Hour Hosts</b>	9:00 Christie Krugler 10:30 Mark & Minna Smith
Julia DeCicco	<b>Welcome Kiosk</b>	Sara Hansen
Rachel Theune	<b>Worship Assistant</b>	Judy Theune
Sara Hansen, Christie Krugler, Lane Mudra	<b>Communion Aides</b>	

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 -- Dated Material --  
 Please deliver by Friday October 1, 2010

Next Messenger: Dated October 15; deadline Oct. 7



## All in the Family



### Prayer List

Laura Bartels (sister of Susan Janik)  
 Pat Lawless  
 Mark Klauser  
 Tom  
 Betty Babik (sister of Chris Adam)  
 Steve Heronemus  
 (brother of Lori Barrieau)  
 Jim Manderfeld  
 Jean  
 Chad Remmert  
 Devin  
 Erik Gonring  
 Diane Richards  
 Kevin Fitch  
 Gary  
 Kevin  
 Albert  
 Rosalie  
 Bill  
 Billy Fox  
 Steve Rosendahl  
 Christy Rickaby  
 Sue Wolf  
 Verlie Keehn  
 Paul  
 Judy Wenzler (daughter of the Reeds)  
 Gordon Umland  
 Adam Lewis

Nancy Sylke  
 Rebecca  
 Ed Michel  
 Marylani Shirey  
 (mother of Margaret Edmunds)  
 Tim Praefke  
 Retta  
 Ken Johnson (brother of Margi Will)  
 Cliff  
 Chelsey  
 Betsy Partridge  
 Esther Schmidt  
 Ellie Pearson  
 Vicky Lewis  
 David Kornitz  
 Diane  
 Charlie Kashou  
 Win Plietz  
 Charlene Halbert  
 Jeanne Wolf

Our sympathy, thoughts, and prayers to Wayne, Sara, Laura & Lisa Hansen upon the recent death of Wayne's mother.

Our sympathy, thoughts and prayers to Karin, Lance, Samantha and Sarah Severson on the death of Karin's father, Don Aspenes, who passed away September 17.

Our sympathy, thoughts and prayers to Tanja, Tom, Alec and Nicole Felton upon the death of Tanja's Mother.

### Military

Samantha Rablin

### Congratulations

Congratulations and best wishes to Marne & Dan Stuck on the birth of their second son, Brock Daniel Stuck, and to big brother Jack.

Katelyn Elizabeth Fillinger, daughter of John & Bridget Fillinger, was baptized September 19.

Brooke Bella Dyer, daughter of Doug Dyer & Carol Clementi, was baptized September 25.

Emmie Cerow & Brian Cole were married September 25. Brian is the son of Bruce & Linda Cole.

***In case of urgent pastoral care, call the church office at 414-352-8990.***

***Pastors' cell phone numbers  
 Pr. Knapp 414-704-7070  
 Pr. Cheever 414-573-4138***

Church Office.....414-352-8990  
 Monday-Thursday.....8:00am - 4:00pm  
 Friday.....8:00-noon  
 Church Fax Number.....414-352-1482  
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