



MACCANON BROWN
HOMELESS SANCTUARY, INC.

MacCanon Brown Homeless Sanctuary Urgent Appeal

Many of you have participated monthly making 150 bag lunches for MBHS. We will be doing that again Sunday, February 23, so please stop downstairs at 10 am (between services) on that day to

make lunches. Thank you!

What you may not know, is the lunches are handed out the following Tuesday during MBHS's Doorway Ministry program. This ministry serves 80-100 people, including children, disabled and elderly people, some representing households of six or more, in all sorts of living conditions.

Some of the outreach guests live in abandoned buildings, some are under roofs. They include "doubled-up" homeless (living under a roof in crowded conditions) and households at risk of homelessness in the impoverished 53206 zip code. Many guests stay in under-heated or unheated living spaces. One man lives in an unheated garage.

They come to the Doorway Ministry to receive a week's supply of food, hygiene products, coats, blankets, sleeping bags and other essentials. They appreciate receiving bag lunches assembled and delivered by groups who are committed to providing them on a regular basis (like FPLC). The team of front-line staff people and volunteers serve with loving kindness and dedication.

MBHS is a monthly (or more) recipient of food/hygiene items and 150 bag lunches from FPLC. They also receive items from our annual coat/cold weather accessory and blanket drives. You can donate Thrivent Choice dollars to MBHS if you are a member of Thrivent Financial Services as well.

AN URGENT NEED

FPLC has had an Amazon registry set up for MBHS for several years. There are small appliances helpful to guests who don't have a way to heat food, stay cool in the summer and—so urgent right now—to stay warm in the winter. Please consider purchasing a space heater from the registry—it will be sent directly to MBHS and be given to guests during the Doorway Ministry. If you prefer, you can purchase from other places and have heaters sent to the address below. These are the fastest ways to get the items to MBHS but we can take some at FPLC also. Place them in or next to our regular food collection cart.

Shipping Address:

MacCanon Brown Homeless Sanctuary
c/o Nancy Ahern
16000 West National Avenue
New Berlin, WI 53151

To Order from the wish list,
which goes directly
to MBHS, click this
Amazon link:



FPLC Annual Meeting

Sunday, Feb. 16
The FPLC Annual Meeting is

February 16 in the sanctuary at noon. We'd love to see you there!



Caregivers Support Group

Led by FPLC member Susan Halling, a marriage and family

therapist, this group is for caregivers dealing with changes in family dynamics. Challenges include: role reversal, juggling responsibilities, handling dementia, loss and transitions as we move into uncharted territory. The group meets Fridays at 10:30 am in FPLC's first floor Heritage Room. If you are interested in joining or learning more, please contact Susan Halling; halling@wi.rr.com.



Missing Something?

Has your coat disappeared, or your favorite gloves

or sunglasses? We have quite a collection of coats, water bottles, sunglasses . . . stop by the Welcome Desk on Sunday mornings and they will show you our lost and found. Or you can come into the office during the week to claim your items. **Any items not claimed by the end of February will be donated.**



Serenity Inns Dinner Fellowship

Why is Dinner Fellowship So Necessary?

Serenity Inns is a residence for men in recovery from alcohol and/or drug abuse in Milwaukee. FPLC has a long history of members providing 3 dinners a month and sharing the meal and conversation with the men. Our volunteers know that

providing and sharing a meal with the residents enables the men to share their stories with others, feel the compassion of a caring community and build their communication skills that have suffered during their times of isolation and addiction. Now is a wonderful time to add more volunteers to enjoy this experience of learning, sharing, growth and compassion.

“Dinner Fellowship taught me things about myself I never knew. Serenity Inns changed my life. Serenity Inns saved my life.” –A recent Serenity Inns graduate

What to Expect When Volunteering

Volunteers make dinner and take it warm to the Inn by 5:45 pm (for a 6 pm start time). The men meet you at your car to carry items inside. Prepare the meal in your cookware (vs buying aluminum pans) if you like because the men will wash it and carry it to the car at the end of the meal. As the number of residents varies, you’ll receive an email a week before your date with the number of residents; right now the number is between 9 and 12. You’ll be cooking for yourselves, the men and the innkeeper. You’re usually on your way home by 7 pm. Two families, friends, small group members etc. are welcome to volunteer together to share the meal prep and dining experience.

What Should We Prepare for Dinner?

Many of us may not be experienced cooking for a group this large. Here are some suggestions from experienced meal providers:

“While they appreciated some of our family favorites, they love meals with a lot of flavor and spice/heat. Expect someone to pull out that bottle of Franks RedHot at every meal!”

“We’ve done fried chicken, jambalaya, red beans and rice, collard greens, cornbread, a particular favorite, but also meals like barbecued hamburgers and brats are favorites.”

“A main dish, 2 sides and a small dessert—like cookies—works well. The men appreciate a good fresh fruit salad, rolls and other salads as well.”

“We have served chicken dishes that have gone over well and fresh green salads with fruit. Overall, the men are so grateful for the guests and the food.”

“Also, you can never make too much food. Whatever is leftover, the men use for lunches the following day.”



Serenity Inns:
2825 W. Brown St., Mke

**March & April
Dates Open!**

How To Sign Up and Ask Questions

Why not volunteer for this important and meaningful opportunity? This is a wonderful and popular SOP option for your student that you can do as a family.

Sign up on the website (with link below) or on the signup in Fellowship Hall.

Do you have questions? FPLC member, and long-time SI volunteer, Lorraine Buehler is happy to answer any of your questions; lcbuehler@cs.com.

Click here to sign up!

Sign Up!



The Basics of Baby Massage: A Parent Infant Class

Best for babies 2 weeks to under 12 months and their parent(s)/ guardian(s). Infant massage can

relieve fussiness, pain and discomfort for the baby as well as help babies fall asleep sooner and sleep more restfully. Bring your baby, a blanket and wear comfy clothes to class as we will be on the floor. Handouts will be provided.

Date: February 21; additional sessions are on the 3rd Friday of the month. It's a one-session class, but you can come to more if you would like.

Time: 11:00 am – 12:00 pm

Limit: 6 families per session

Registration: Call or email Angie Biersach to RSVP, 414-207-2808 or angiebiersach@gmail.com.



Women's Book Club February 24; 7 - 8:30 pm

The February book is Frozen River by Ariel Lawhon. We

meet in the lower level in the Meeting Space (next to the lower level Cafe). For a full list of the books, see our [website](#). Questions: contact Joanne Ginster; jmginster@yahoo.com or (414) 491-8939.



Sheepshead at FPLC

Dates: Feb 14 & 28

Declared the official card game of Milwaukee in 1983, Sheepshead is a staple to Wisconsin card players.

Are you interested in joining a group of Sheepshead players to meet at church for some friendly competition? We play in Fellowship Hall, on the 2nd and 4th Fridays of each month from 6:30 to 8:30 pm. We will have "learning aids" available to help with the basics, and experienced players to guide you.

We are looking forward to sharing the fun! For more information, contact Jim Schmidt at schmidtyjim@aol.com.

FPLC '25 Blood Drives

Thurs
March 27
1 - 6 pm

Thurs
May 22
1 - 6 pm

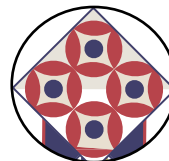
Tues
July 22
1 - 6 pm

Thurs
October 30
1 - 6 pm

Despite 65% of the population being eligible, only 3% of Americans currently donate blood. Be a hero and donate blood to help save lives! Thank you for donating. Never donated before? Become a first-time donor!!

FPLC's 2025 Blood Drives are open to all, so invite a friend to donate with you!

To sign up: Click [HERE](#)



Quilters/Piecemakers: Join Us!

Join us as we make quilts for those in need. New members are always welcome and we'll teach you what to do. Bring your lunch and enjoy a break with other quilters. Come and go as your schedule permits.

Date: Tuesday, February 18

Time: 9 am – 1:30 pm

Location: Fellowship Hall

Contact: Ellen Feider; 414-435-8440;

efeiderwi@gmail.com



Hospital Visits

If you or a loved one is hospitalized and would like a visit or call from a pastor (or just for them to know you are hospitalized), please call the church office; 414-352-8990. Due to HIPAA rules, hospitals are not allowed to share with us that you are a patient.



Women's Club

Collage Keepsakes by Judy (Collage Quilting)

Learn about Collage Quilting from Judy Stippich, from Collage Keepsakes by Judy. Her quilts are amazing, as she uses photos as her guide. She makes small quilts and pillows with dogs, wedding bouquets, and more.

Date: Wednesday, March 12

Times: 11:30 – Gather in Fellowship Hall for fellowship
12:00 – Lunch; with presentation to follow

Location: Fellowship Hall

Cost: \$10, includes lunch

Sign up: In Fellowship Hall or on our website under Life @ FPLC, Connecting Events, Women's Club, by Sunday, March 9, noon

Contact: Gail Sommerfeld at sommerfeld56@gmail.com or 262-395-0396.

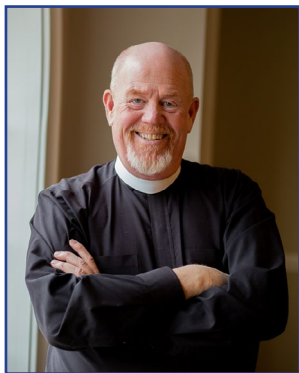
Women's Club Upcoming Dates:

April 9 | 11:30am

Fashion Show from TLC
Casuals

May 7 | 11:00am

Beer Caves at Fox Town
Brewing (Lunch & Tour)



Men's Club (Women Invited!)

Pastor Bill: The State of The Church

Hear Pr. Bill share the hopes and vision for our ministry in 2025. He will walk us through the successes and challenges we face as a church.

Date: Thursday, February 20

Time: 11:30 am

Location: Fellowship Hall

Cost: \$10, includes lunch

Signup: In Fellowship Hall

Contact: Call the church office, 414-352-8990

Ushers Needed!

Would you like to join our usher team? It's open to Confirmation students with a parent, and high school kids through adults. Sign up with the QR code or contact Lori Barrieau; lori@foxpointchurch.org.



Coffee Hosts Needed!

Hosts make the coffee and serve the donuts on Sundays. You are still able to attend the church service. Just slip in at the back as the service is starting and slip out as it's ending. Families are welcome to volunteer with their kids! **It's also a great Service Opportunity for our Confirmation students (with an adult).**

9:00 am shift: (Approx 8:15 am – 10:15 am) Cut up the donuts, brew the coffee, and set things out.

10:30 am shift: (Approx 10:15 am – 11:45 am) Keep the coffee brewing, fill the donut trays as needed and clean up afterwards.

If you'd like to help with this important part of Sunday mornings, please sign up with the link below or contact Lori Barrieau in the church office if you have any questions;

lori@foxpointchurch.org or 414-352-8990.

**Help Needed:
Feb. 23 (10:30)
and beyond!**

Sign Up!



Fox Point Moms—Friday Mornings

Feb. 14 & 28; 9:30 – 11 am

Meet in the lower level

This is for moms of all ages with children or grandchildren of all ages! We'll support each other on mom

and family issues and discuss a short devotional at each meeting.

We're creating a judgment-free time to mentor each other, vent, ask parenting, family or spousal questions and be a support to each other. We meet twice a month. Haven't joined us before? No problem, join any time. Thanks!

If you have any questions, contact Diane Knapp; diane@foxpointchurch.org.

Join the Group



Fox Point Moms—Tuesday Evening Group

Feb. 18 & March 4; 6:30 – 8 pm;

Meet in the Heritage Room

This adult group offers a safe, open space to support moms

of any age. We will begin with a podcast (Revived Motherhood) by Becky Thompson, who offers realistic and supportive faith-based advice for today's busy moms. The group meets the 1st and 3rd Tuesdays of the month. This will be a time to mentor and support each other and discuss parenting and family issues. Please RSVP so we know how many people to expect. Thanks!

If you have any questions, contact Diane Knapp; diane@foxpointchurch.org.

Join the Group



Knitters and Crocheters Needed!

Soap Sacks

Soap Sacks are hand-knit or crocheted drawstring bags that hold a standard size bar of soap. The sacks can be used simply to hold the soap or people can leave the soap in the bag and use it as a soap-filled wash cloth. FPLC will fill each bag with a donated bar of soap and deliver them to our partners in Milwaukee to give to their pantry guests. Some of the guests are homeless or move frequently. They may not have access to soap or washcloths on a regular basis. If you can't make these but would like to help, donate standard-sized bars of soap in our food carts.

This is an ongoing project, so you may donate these any time in our Food Donation Cart or at the

Welcome Desk.

If you wish to include a standard-sized bar of soap with the Soap Sacks you donate, please keep the soap in its wrapper before putting it inside the sack. That way it stays clean until it reaches its recipient. Donations can be left in our food donation carts.

See the links below for instructions. If you have a pattern you'd prefer to use, that's fine! We just ask that they be similar in size, have a drawstring or tie to close the sack and that you use cotton yarn.

A sample will be in Fellowship Hall on the Sign Up Tables!

If you have any questions, please contact Stacia Hickey; stacia@foxpointchurch.org.

Directions



See our webpage for all information regarding virtual worship, outreach, and children & youth programs. Click →




Kids' Church!

Our new Sunday morning program for kids, **Kids' Church**, has started! If your children are participating in Kid's Church and haven't been registered yet, click the appropriate button below to fill out the registration form ASAP.



 **Our preschool friends–Little Foxes**–will continue to meet in the lower-level Preschool Room.

 **Our younger elementary friends (K5–3rd grades)–our Faith Explorers**–will meet in the Movie Room in the Sunday School hallway. We will use a variety of rooms in this area, based on our different activities each Sunday.

 **Our older elementary kids (4th–6th grades)–our Faith Builders**–will now meet in the Café area, which gives them the space they need to build their faith and community in new and varied ways.

If you have questions, contact Julie Schlifske, Director of Children's Ministries; julie@foxpointchurch.org. Of course, you are welcome to come downstairs on any Sunday to meet our new teachers and see our programs in action.

Preschool Registration:

Do you have a child who will be age 3 as of September 1 through 4 years old?

PRESCHOOL

Elementary Registration:

Do you have a child who is in K5 – 6th grade this fall?

ELEMENTARY



Vacation Bible School

Are you currently in K4-3rd grade? Then bring lots of friends and join us for this fun and faith-filled week!

We Have a SUPER God Who Asks Us to Be SUPER Friends!

Join us for lots of games, crafts, Bible stories and a secret super hero who will help us learn more about our super God and how to be a super friend to others!

Date: June 16-20

Time: 9 am – noon

Registration: Click [HERE](#)

Fee: \$75 per child

*Scholarships available, contact the church office.



Little Lambs

Little Lambs is designed for children who have turned age 3 by January 1, 2025, through those currently in a P3 program.

Join us as we sing, play games, make crafts and investigate how to follow Jesus.

Date: June 16-20

Time: 9:15 am – 11:45 am

Registration: Click [HERE](#)

Fee: \$75 per child

*Scholarships available, contact the church office.

Helpers Needed!

We are looking for volunteers for VBS and Little Lambs. If you can help for a few hours or every day, please contact Julie Schlifske;

julie@foxpointchurch.org.



See our webpage for all information regarding virtual worship, outreach, and children & youth programs. Click →



Fox Point Church

High School Youth Group

At Youth Group, our vision is to create an atmosphere for high schoolers to grow, connect, worship and serve.

We welcome all! Whether you go to church every Sunday, or have never stepped foot inside FPLC, if you're interested in exploring your faith, fellowship and having some fun—come join us!

If you need a ride, we encourage carpooling (responsibly). If anyone needs a ride, let us know and we WILL figure something out so all can attend. We do need people to RSVP to these

events; a link to do so will be sent out ahead of time. If you have any questions about Youth Group, please contact Hannah Knapp; hannah@foxpointchurch.org.

Saturday, Feb 22: Chicago Mini-Mission Trip

We will be taking the train to Chicago to serve those in need! Come travel in the city, serving those who need help. (8am-5pm, estimated time.)

RSVP is required for this event:

[RSVP](#)



All the information you need can be found on our website here: [Confirmation](#). If you have any questions regarding Confirmation, please contact Lori Barrieau; lori@foxpointchurch.org.

Upcoming Dates:

- February 12—Workshop
- February 26—Workshop
- March 12—Workshop
- April 2—Workshop



SALT LAKE CITY

FPLC YOUTH MISSION TRIP
2025

High School Summer Trip!

Info Meeting: Sunday, February 16; Time tbd

Parents and 8th Graders through Graduating HS Seniors

We've got an incredible opportunity lined up for you. Please do join us for the info meeting—we can't wait to share all the deets about our trip. Pr. Bill will be sending an email shortly with the meeting time or visit our website after Tuesday for the time. Hope to see you there!

Trip Dates: Sunday, July 20 – Saturday, July 26, 2025

[Registration Form](#)



Meru Coffee at Home!

Support Mt. Meru Coffee Farmers and Drink Delicious Coffee at Home!

You can purchase Mt. Meru Coffee (beans, ground, regular, decaf, sample flavor packs, Seasonal Premium Mt. Meru coffee, k-cups) at church to brew at home.

Not only is the coffee delicious, but your purchase helps support the growers running small coffee farms in the Meru District of Tanzania.

Stop by the Welcome Desk on Sunday mornings or in the office during the week to make your purchases.



Bayside Garden Cards

Keep the birds well fed by purchasing feeders or seed at Bayside Garden Center. They also have beautiful indoor plants from tiny to large to keep your home feeling cozy during the winter months. Bayside Gardens helps us send teens in Tanzania to high school—an FPLC commitment of \$10,000 a year. All you have to do is purchase Bayside gift cards at church (NOT at the garden center). We retain 15% of each card's cost, which helps us keep our promise to our partner dioceses in Tanzania. Cards can be purchased at the Welcome Desk on Sunday mornings or in the church office during the week.



Food Needs Continue to Rise

Your donations allow FPLC to continue donating nutritious, filling and culturally-appropriate food to our partners. Each of the 3 pantries we support receive at least one delivery of food & personal care products a month.

If you have any questions, please contact Stacia Hickey; stacia@foxpointchurch.org.

Note: We cannot accept any expired foods; check labels. We are looking for filling and culturally-appropriate foods, not specialty items.

Food Needs:

- | | |
|-------------------------|----------------------------------|
| Baked Beans | Chicken Noodle Soup |
| Canned black-eyed peas | Tuna |
| Ensure Infant Formula | Salmon |
| Dinty Moore Stew | Vienna sausages |
| Canned fruit | Mac & cheese |
| Canned beef and chicken | Canned vegetables |
| Soup (not tomato) | 16 oz oatmeal |
| Baby formula | Canned Pasta |
| Spam | Pasta Sauce in cans or plastic |
| Sardines | Honey Nut Cheerios/Cereal |
| Peanut butter | Hamburger Helper |
| Canned Yams | Jelly |

Personal Care Items:

(Regular full-sized preferred, not bulk size)

- | | | |
|-------------------|--------------------------|---------------------|
| Men's deodorant | Conditioner | Toilet paper |
| Women's deodorant | Feminine products | Lip balm |
| Body wash | Razors | Vaseline |
| Toothpaste | Diapers sized 4-6 | Dish soap |
| Shampoo/ | Body lotion | |

***Standard-sized Bar soap:** We have a special need for bar soap to fill the soap sacks our knitters/crocheters have been busy making. See page 5.



Shrove Tuesday Pancake Dinner

FOOD | FUN | FRIENDSHIP

MARCH 4 | 5:30 - 7:00 pm

Join your friends, family & neighbors for a festive evening for all ages! Plenty of pancakes & all the extras. Put on your Mardi Gras beads & JOIN THE PARTY!

Gluten Free Available
Free Will Offering
(\$5/person recommended)

RSVP not required but appreciated by clicking this link or scanning this QR code.

Sign Up!



VOLUNTEERS are needed for this event. Sign up for a shift by clicking this link or scanning the QR code. This is a great opportunity for high schoolers & Confirmation students.

Volunteer!



Ash Wednesday Services

March 5: noon & 7 pm

We hope you will join us for this moving service. The imposition of ashes will take place at noon and 7 pm. If you have any questions, please call the church office: 414-352-8990.



Maundy Thursday

Join us for a Communion service on Thursday, April 17 at 7 pm.



Good Friday—April 18

10 am Children's Service: We present the story of Holy Week and the resurrection followed by an egg hunt.

Noon: In person

7 pm: In person and live-streamed on our website

Easter Sunday—April 20

8:00 am

9:00 am

10:00 am (Also live-streamed on our website)

11:00 am

There will be no Sunday School, nursery care nor coffee hour on Easter Sunday.

What a blast we had tasting all the homemade chilis and casting our votes for our favorites! This year, we saw some fresh faces stepping up to the stove. What a night! We can't wait to do it all again next year!

Here are the star chefs of the night:

Give it up for Karen (and Jeffrey!) Sunderlin, who snagged the **Best Presentation** award! Their Disney-inspired *Chili Worth Melting For* was a hit! (And who could forget their team name, Frozen?)



Let's hear it for our **Runners-Up**, Lara and Ben Proctor, who blessed us with their divine *Cheesus Cured the Peppers* recipe. (Team Proctor in the house!)



And finally, a round of applause for Trent (and Abby!) Beachy who scooped up the **Best Chili** award with their *Colorado Green Chili* recipe. (Shout out to Team Down by the Beachy!)



Thank you to *all* of our contestants, who provided wonderful chili for all to enjoy! Thank you also to our staff and volunteers who made this such an enjoyable and tasty event.

Contestants

- Steven Balistreri
- Robin & Mick Burns
- Alex Hayden
- Andrew Ojeda
- Jamie Rinehart
- Elizabeth & Michael Schwartz:
- Derek Taylor & Evelyn Pollock Family
- April Zucchi

Chili Name

- Heatwave
- Holy Mole
- Meat Your Maker
- Andy's Oktoberfest Chili
- Steak N' Bacon
- Midwest Chili
- SPICE, SPICE BABY
- Zucchi's Zesty Italian

Team Name

- Team SB
- Barn Burners
- The Whisk Takers
- Team Ojeda
- Rinehart Farm
- Gold, Frankincense, Myrrh and Chili
- DJ Jazzy D
- Sunrise Seagulls



PRAYER LIST

All in The Family

Join us on Sunday, for the virtual service. If you or your family need anything we can help you with, call the office at 414-352-8990 or email church@foxpointchurch.org!

Prayer Requests

Now you can make a prayer request through our website. Click [Prayer Requests](#) to submit a form or submit a request through email—church@foxpointchurch.org.

We encourage you to keep these people in your prayers during the week.

Woody Barksdale	Erin	Jon	Robert Palmer
Kim Bell	Frank	Donna Jordahl	Patrick
Jay Blair	Rick Frank	Julia	Peter
Cullen C.	Andrea G.	Randy K.	Tan Popatas
John Chamberlain	Jenny G.	Kath	Rebecca
Cheryl	Eden Gilday	Corrine Kraus	Rick
Richard Choi	Joan Gildner	Leslie	Robert
Christine	Guy	Linda	Dave Rotter
Chrystal	Anna H.	Charles Luebbe	Ryan
Claire	Claire H	Laurie M	Jim Schmidt
Colin	Heather	Steve M.	Stephen
Rosie Conaway	Heidi	MaryEllen	Jane T.
Craig	Sue Hiller	Matt	Terry
Lyle Dabney	Harlow James	Michael	Thad
Pr. Dan	Jim	Mike	Tom
Daniel	Joan	Nancy	Mike Umland
Cammy Endres	John	Curt Nash	

Military

Alex	Grant
Cooper	Ian
Danny	Kyan
David	Matthew



Congratulations

Baptism

Stephanie Wei Neely and Ann Elisabeth Neely, daughters of Xiaoting Hao and Daniel Neely were baptized February 9.

Condolences

Our sympathy and prayers are with the friends and family of Brenda Trier, who passed away February 2. Services will be held at FPLC on March 1; 10:30 visitation; 11:30 service.

Our sympathy and prayers are with the friends and family of Therese Witt who passed away February 6. Services will be held at FPLC on Saturday, February 15; 2 pm visitation; 4 pm service; dinner reception to follow at FPLC.

Our sympathy and prayers are with the friends and family of Curt Claus, who passed away on February 8. Services pending.

FPLC Office Hours
Monday–Thursday from 8:30 am–4 pm

See our webpage for all information regarding virtual worship, outreach, and children & youth programs. Click →





Written by FPLC member, Mary Buscher. This devotion was first shared on Wednesday, February 5. If you would like to receive Mary's devotion on a weekly basis, please sign up here: [Weekly Devotion.](#)

Hello!

“His life is the light that shines through the darkness – and the darkness can never extinguish it.” – John 1:5

Light! How we crave it! In Svalbard, the northernmost year-round settlement on earth, where the sun does not rise above the horizon for almost three months, it is precious! Called polar night, residents use LED lights strung in shadowy places, candles glow at almost all hours, and wood-burning fireplaces are used for heat...and light. God's natural miracles also bring them skies filled with northern lights. But it is like day has been taken over by night...for a time.

Darkness can take many forms and is so subjective. Might be a medical issue, a child acting out, criticism from a friend or maybe that water heater drip is fast becoming an emergency. Dark days result from the loss of a beloved or stumbling out of a relationship or being hurt by circumstances out of our control. Darkness of mind or physical surroundings always seems to escalate my worries. Lighting a candle or turning on a lamp or pure sunshine can help, but there is another solution too and He's as close as a prayer and He is for all time, not just...for a time.

“The Lord is my light and my salvation; Whom shall I fear? The Lord is the defense of my life; Whom shall I dread? – Psalm 27:1

Our brains go into overdrive; we lose sleep, push our feelings down and can even think cringe-worthy thoughts. But His presence is like finding that soft spot in your pillow at night...it's perfect...and it was right there! The mercy and the presence of a personal God...we can rest our weary minds in His light and love every moment of each new day.

“It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning; great is thy faithfulness.” – Lamentations 3:22-23

Dear Lord, Be with me today. Listen to my confusion and help me know how to live it. I don't know the words. I don't know the way. Show me the way. You are a quiet God. Help me to listen to your voice in a noisy world. Amen. – from a prayer from Henri Nouwen

Blessings for a week filled with wondrous light. – Mary